

Masses

Saturday Eve 5:00PM
Sunday 7:30, 9:00, 10:30AM,
12Noon and 4:30PM

Daily 7:15, 8:45 AM
Saturday 8:45 AM

Pastoral Team

Pastor

Father Chuck Romano

Associate Pastors

Father Benedict Kim
Father Joseph Rwamwenge

Deacons

Deacon Robert C. Campbell, OFS
Deacon Thomas Wm. Connolly, T.O Carm
Deacon Guy Donza, S.F.D.
Deacon Richard W. LaRossa
Deacon Thomas J. Malone Jr., T.S.A.

Director of Religious Education

Mrs. Lucy Ostermann

Business Manager

Christopher Grennen

Parish Staff

Music Ministry

Laura Garbitelli

Folk Group

AnnMarie Lynch

Plant Manager

Steve Bennett

Parish Secretary

Doreen Dolan

Bulletin Editor

Linda Ohlsen

The Parish of St. Raymond

A Eucharistic Community of Faith, Love and Friendship

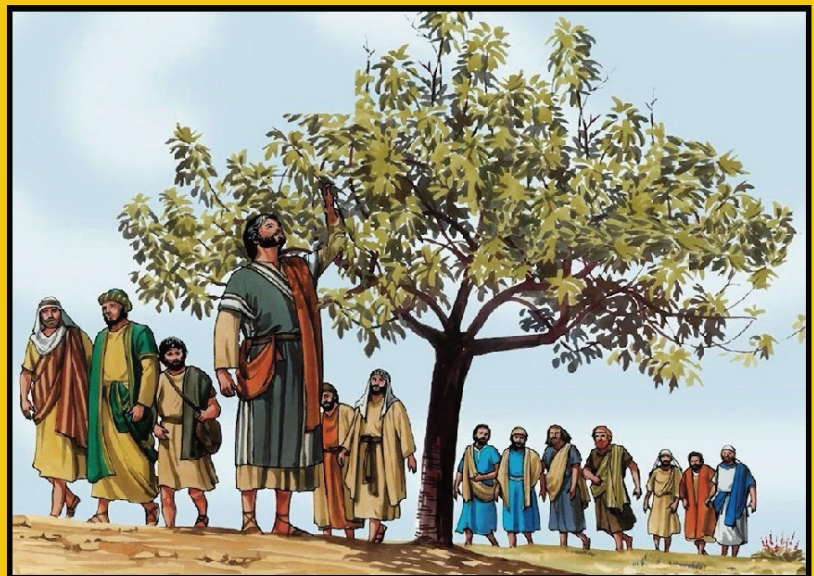
Sunday, March 23, 2025

263 Atlantic Avenue, East Rockaway, NY 11518

516-593-5000

“Repent, says the Lord; the kingdom
of heaven is at hand.”

-Matthew 4:17



March 23, 2025

Third Sunday of Lent

Welcome To Our Parish Family!

Not registered? Please stop by our rectory during office hours to be included in our parish family.

Rectory

Office Hours are Monday-Friday from 9am-4pm;
Saturdays from 9:30am-4pm. Sundays 9am-5pm

Web Site: www.SaintRaymonds.org

Facebook: St. Raymond Parish, East Rockaway

E-Mail: StRayRcc@optonline.net

Rectory.....593-5000

Rectory Fax.....887-0554

Parish Social Ministry.....887-9197

Office Hours are Monday-Wednesday from 10am-2pm.

Parish Social Ministry Fax.....593-6278

Religious Education Office.....593-9075

Religious Education Office Fax593-1156

E-Mail: strayfaithformation@aol.com

Pastoral Care Of The Sick

Holy Communion—Available to the homebound;
call the rectory to schedule a visit

Devotions

Adoration of the Blessed Sacrament

Thursdays from 1-4pm in Our Lady's Chapel.

Nocturnal Adoration

First Fridays from 7:30pm-8:30pm

Miraculous Medal Novena

Saturdays following 8:45am Mass.

Confessions

Saturdays from 3:30-4:30pm, or call for appointment.

Baptisms

Baptisms are celebrated the 2nd and 4th Sundays of the month. Please call the rectory to schedule.

Bereavement Support Group

Call the rectory office for meeting times.

Marriages

Engaged couples are encouraged to call the rectory a year in advance of their wedding date to assure adequate time to participate in preparation programs for the Sacrament of Marriage.

Prayer Groups

Men's Prayer Group: Every Monday at 10:00am in the Rectory Basement.

Music Ministries

Choir (Adult): Sings at 10:30am Mass on Sundays from September—June; practice on Wednesdays at 7:30pm in the church.

Folk Group: Sings at 12 Noon Mass on Sundays from September—June; practice on Sunday at 10:30 in the Rectory Basement

Rite of Christian Initiation of Adults (RCIA)

Interested in becoming a Catholic or an adult Catholic seeking Eucharist or Confirmation? Call the rectory and ask for Fr. Chuck Romano



Please Pray for Our Sick

Baby Faith Madison

Mary Lynch

Linda Dagostino

Karen Pagnotta

Jodi Neckles

Diane Minucci

Caroline Saporito

Billy (Tri-Cycle)

Ginny Honerkamp

Jim Marasco

Nick S.

Gary

Julianne Grennen

Anthony Campanile

Baby Cooper Graham

Maureen Condiss

Timothy Murphy

Elizabeth Lacchini

Maureen McCarthy

Rosario R Giglio

Augie Michela

Marino Artusa

Cara

(Names are printed for 3 weeks unless
the rectory is notified otherwise)



LC Alex James Cooper US MARINE CORPS

LC Dean Thomas Cooper US MARINE CORPS

Lt. Col. Mary P. King, M.D., US ARMY

Commander Joseph Garbitelli US NAVY

Sgt. Thomas Stanley Golebiewski USMC

Staff Sgt. Emily Golebiewski US AIRFORCE

Staff /Sgt. Matthew R. Hines - US ARMY

LC Connor Thomas McHale US MARINE CORPS

Sgt. Gerard Moran

Lt. Com. Joseph Leahy US NAVY

Sgt. Bryan Petriccione US ARMY -Cavalry Unit

Lt. Joseph Woloszyn US NAVY

TSGT Curt Abdool US AIRFORCE

PLEASE REMEMBER TO PRAY FOR OUR
WOUNDED SOLDIERS.



Father Chuck's Corner

Greetings and God's blessings be yours on the Third Sunday of Lent! Today's readings encourage us to have confidence in God. In the first reading from the Book of Exodus, we have the "**burning bush**" incident when God called Moses into his presence and gave him the task of leading the Israelites from Egypt to the promised Land. Moses needed a lot of confidence and trust to follow God's commands to him. "**This is what you shall tell the Israelites: I AM sent me to you.**" Then in the second reading of the First Letter to the Corinthians, Paul warns the people about being too overconfident in themselves. He likens it to when the Israelites grumbled against God when things got tough. It won't go very well for them if they follow the example of their ancestors. "**Therefore, whoever thinks he is standing secure should take care not to fall.**" And finally. In Luke's gospel, Jesus tells the people to repent, not once but twice. He warns against hypocrisy, seeing oneself as less sinful than anyone else. But he also counsels patience with the story about the fig tree. Cultivate it well and it still might bear fruit. Always remember that God created us for good and he is always with us. Be confident as the gardener in Jesus' story was. "**Sir, leave it for this year also, and I shall cultivate the ground around it and fertilize it, it may bear fruit in the future.**"

At the end of the day, our confidence rests not in ourselves, but in our God who is faithful. This God has surely come down to rescue us as foretold to Moses through the burning bush. God's presence is in the "**burning bush**" as much as in the "**barren fig tree.**" In all honesty and humility, we may see ourselves like this barren tree. "**Oh, I'm not a bad person, but am I a really good person?**" If being a good person means not doing terrible things, most of us pass. But that's not really bearing fruit. Our loving God wants our best right now. He wants us to stop just talking and start giving now. He wants us to bear fruit now by putting some life and love into the world, now. This is the God we have, of the present moment and the eternal now. At this Eucharistic table may we be reminded of the truth that God shows up and stands strong, no matter how weak and unstable we may feel. Cling to Jesus, confident in the Father's faithfulness to you.



Looking for some good Lenten material to help your prayer this Lent. Check out the FORMED platform found in the bulletin. It is a free service that we offer all parishioners. All you have to do is follow the sign-up instruction found on the parish website. Once a member, you have access to a plethora of great Catholic spiritual resources, including movies, documentaries, teaching videos, plus audio content. And there is material for people of all ages. The best part through our parish subscription is that we offer this as a free gift to all our parishioners. So, join today!

Last week we began our Lenten program: "**Giving, Not Giving Up, It's a Lenten Thing**" at all the Sunday Masses. We asked for "**toiletory items**" to be brought to Mass and placed in front of the altar as part of our Offertory Gifts. The response was not very big but what was donated will be a big help for Parish Social Ministry in their ongoing task of helping people in our community. Today we asked for "**supermarket gift cards**" which are a big help to Parish Social Ministry. These gift cards are golden and really are a Godsend in helping our neighbors, especially those with children. If you brought some gift cards today as a donation, simply place them in the regular Offertory Collection along with your weekly contribution to the parish. Now, next week we are looking for certain "**baby items.**" The items most needed are diapers-sizes 1-6, baby wipes and baby shampoo. If you bring any of these items with you to Mass, place them in front of the altar. This form of "**giving**" is united along with the collection money and the bread and wine as part of the gifts to be offered.

Please remember to take home a copy of the bulletin when you leave Mass today. It contains many items of interest and invitation with something for everyone. Of special note is news and needs from **Parish Social Ministry**, info from **Religious Education** (Faith Formation), the ongoing **Lenten Schedule**, the **Eucharistic Revival Centerfold**, the **Communal Prayer Before Mass** (found on the inside back cover), an invitation to join **FORMED** (your Catholic Faith on demand) and much more. To keep informed, keep a copy of the bulletin at home each week.

Have a great Third Week of Lent. **Smile as you pray, fast and help the poor. And remember: Let your faith be bigger than your fear.** God bless always. **Father Chuck**

WEEKLY MASS PRAYERS

MARCH 23, 2025-THIRD SUNDAY OF LENT

The Gloria

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,

we give you thanks for your great
glory, Lord God, Heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the
Father, You take away the sin of the
world, have mercy on us;

You take away the sin of the world,
receive our prayer; You are seated
at the right hand of the Father,
have mercy on us.

For you alone are the Holy One;
you alone are the Lord.

You alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God, the Father.

Amen

Penitential Act

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and
in what I have failed to do,

[Pray while striking the breast 3 times.]
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
with the Father; through him all things
were made. For us men and for our
Salvation he came down from heaven,
and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.
For our sake he was crucified under

Pontius Pilate,

he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand
of the Father. He will come again in
Glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the
Son, who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and
apostolic Church. I confess one
Baptism for the forgiveness of
Sins and I look forward to the
resurrection of the dead and the
life of the world to come.

Amen.

READINGS FOR TODAY'S MASS

MARCH 23, 2025-THIRD SUNDAY OF LENT

FIRST READING

Exodus 3:1-8a, 13-15

Moses was tending the flock of his father-in-law Jethro, the priest of Midian. Leading the flock across the desert, he came to Horeb, the mountain of God. There an angel of the LORD appeared to Moses in fire flaming out of a bush. As he looked on, he was surprised to see that the bush, though on fire, was not consumed. So Moses decided, "I must go over to look at this remarkable sight, and see why the bush is not burned." When the LORD saw him coming over to look at it more closely, God called out to him from the bush, "Moses! Moses!" He answered, "Here I am." God said, "Come no nearer! Remove the sandals from your feet, for the place where you stand is holy ground. I am the God of your fathers," he continued, "the God of Abraham, the God of Isaac, the God of Jacob." Moses hid his face, for he was afraid to look at God. But the LORD said, "I have witnessed the affliction of my people in Egypt and have heard their cry of complaint against their slave drivers, so I know well what they are suffering. Therefore I have come down to rescue them from the hands of the Egyptians and lead them out of that land into a good and spacious land, a land flowing with milk and honey." Moses said to God, "But when I go to the Israelites and say to them, 'The God of your fathers has sent me to you,' if they ask me, 'What is his name?' what am I to tell them?" God replied, "I am who am." Then he added, "This is what you shall tell the Israelites: I AM sent me to you." God spoke further to Moses, "Thus shall you say to the Israelites: The LORD, the God of your fathers, the God of Abraham, the God of Isaac, the God of Jacob, has sent me to you. "This is my name forever; thus am I to be remembered through all generations."

SECOND READING

1 Corinthians 10:1-6, 10-12

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud and all passed through the sea, and all of them were baptized into Moses in the cloud and in the sea. All ate the same spiritual food, and all drank the same spiritual drink, for they drank from a spiritual rock that followed them, and the rock was the Christ. Yet God was not pleased with most of them, for they were struck down in the desert. These things happened as examples for us, so that we might not desire evil things, as they did. Do not grumble as some of them did, and suffered death by the destroyer. These things happened to them as an example, and they have been written down as a warning to us, upon whom the end of the ages has come. Therefore, whoever thinks he is standing secure should take care not to fall.

GOSPEL

Luke 13:1-9


Some people told Jesus about the Galileans whose blood Pilate had mingled with the blood of their sacrifices. Jesus said to them in reply, "Do you think that because these Galileans suffered in this way they were greater sinners than all other Galileans? By no means! But I tell you, if you do not repent, you will all perish as they did! Or those eighteen people who were killed when the tower at Siloam fell on them—do you think they were more guilty than everyone else who lived in Jerusalem? By no means! But I tell you, if you do not repent, you will all perish as they did!" And he told them this parable: "There once was a person who had a fig tree planted in his orchard, and when he came in search of fruit on it but found none, he said to the gardener, 'For three years now I have come in search of fruit on this fig tree but have found none. So cut it down. Why should it exhaust the soil?' He said to him in reply, 'Sir, leave it for this year also, and I shall cultivate the ground around it and fertilize it; it may bear fruit in the future. If not you can cut it down.'"





HOW TO GIVE ALMS THIS LENT

- **Volunteer your time**
- **Clean out your pantry and give to a foodbank**
- **Make a meal for a neighbor or family in need**
- **Sacrifice a treat (coffee, dessert) and give that money to the poor.**
- **Make bags of toiletry items to give to the homeless**
- **Give away an outfit or item you still really like! (and others you no longer use)**



*For God so loved the world
that he gave his only Son,
so that everyone who believes in him
might not perish
but might have everlasting life.*

JOHN 3:16



20
25

Return to Me.

40 DAYS OF EUCHARISTIC ADORATION

Starting on March 7th, visit 40 different parishes across Long Island for the 40 days of Lent.

MARCH

March 7: Our Lady of Ostrabrama

Cutchogue | 7:00-8:00 p.m.

March 8: St. Gertrude

Bayville | 3:00-4:45 p.m.

March 9: Mary Immaculate

Bellport | 1:30-2:30 p.m.

March 10: St. Raymond

East Rockaway | 7:00-8:00 p.m.

March 11: St. Luke

Brentwood | 5:00-6:00 p.m.

March 12: Our Lady of Lourdes

Malverne | 3:00-4:00 p.m.

March 13: Our Lady of the Assumption

Copiague | 7:00-8:00 p.m.

March 14: St. Catherine of Sienna

Franklin Square | 3:00-4:00 p.m.

March 15: St. Francis Cabrini

Coram | 3:30-4:30 p.m.

March 16: Holy Cross

Nesconset | 1:00-2:00 p.m.

March 17: St. Patrick

Huntington | 12:00-8:00 p.m.

March 18: St. Joseph

Hewlett | 7:00-8:00 p.m.

March 19: Most Holy Trinity

East Hampton | 8:30-9:30 a.m.

March 20: Our Lady of Mercy

Hicksville | 9:30-10:30 a.m.

March 21: St. Aloysius

Great Neck | 5:30-6:30 p.m.

March 22: Sacred Heart

Island Park | 3:30-4:30 p.m.

March 23: St. Anthony of Padua

East Northport | 7:00-8:00 p.m.

March 24: St. Mary

East Islip | 7:00-8:00 p.m.

March 25: Resurrection

Farmingville | 11:00 a.m.-12:00 p.m.

March 26: St. Boniface

Elmont | 8:30 a.m.-12:00 p.m.

March 27: St. Agnes

Greenport | 5:00-9:00 p.m.

March 28: Our Lady of Lourdes

Massapequa Park | 10:00 a.m.-12:00 p.m.

March 29: Good Shepherd

Holbrook | 7:00-8:00 p.m.

March 30: Sacred Heart

North Merrick | 1:00-2:00 p.m.

March 31: St. Joseph

Kings Park | 6:00-7:00 p.m.

APRIL

April 1: St. Bernard

Levittown | 12:30-1:30 p.m.

April 2: St. Jude

Mastic Beach | 1:00-3:00 p.m.

April 3: St. Gerard Majella

Port Jefferson Station | 7:00-8:00 p.m.

April 4: St. Aidan

Williston Park | 1:00-3:00 p.m.

April 5: Queen of the Most Holy Rosary

Roosevelt | 6:30-7:30 p.m.

April 6: St. John the Evangelist

Riverhead | 1:00-2:00 p.m.

April 7: St. Martin of Tours

Bethpage | 7:30-9:00 p.m.

April 8: Our Lady of the Mirac. Medal

Wyandanch | 8:00-9:00 p.m.

April 9: Holy Name of Mary

Valley Stream | 7:00-8:00 p.m.

April 10: St. Louis de Montfort

Sound Beach | 7:00-8:30 p.m.

April 11: St. Thomas the Apostle

West Hempstead | 9:30 a.m.-6:00 p.m.

April 12: Our Lady of Grace

West Babylon | 8:30-9:30 a.m.

April 14: St. Rose of Lima

Massapequa | 8:00-9:00 p.m.

April 15: Our Lady of Lourdes

West Islip | 12:30-7:30 p.m.

April 16: St. Kilian

Farmingdale | 12:45-7:30 p.m.



To learn more, visit:
drvc.org/return25

"Giving... Not Giving Up, It's a Lenten Thing"

Once again, our parish will be conducting the special Lenten program entitled: "Giving.... Not Giving Up, It's a Lenten Thing" for the five Sundays of Lent. All the items collected will be used by our

*Parish Social Ministry Office,
St. Vincent de Paul and the Human Life Committee.*

Everyone is encouraged to bring the suggested items to Mass on the designated Sundays. We will bring our "gifts" forward at the time of the Presentation of the Gifts. This giving of our goods at the altar as a visible action will be a tangible sign of our Lenten efforts to help those in our community who have these basic needs. The collection weekends will be as follows:

March 23rd SUPERMARKET GIFT CARDS



King Kullen, Stop & Shop, Lidl



March 30th BABY ITEMS

Diapers - Sizes 1 - 6, Baby Wipes,

Baby Shampoo, etc.



Abstinence and Fasting

All Catholics who have reached their fourteenth year are bound to abstain entirely from meat/poultry on **Ash Wednesday** and all the **Fridays of Lent**. All Catholics between the ages of eighteen and fifty-nine inclusive are also bound to observe the law of fast on **Ash Wednesday** and **Good Friday**. This means

limiting oneself to a single full meal and avoiding food between meals. Two other light meals, which together do not equal a full meal, may be taken during the day. Those whose work or health would be impaired and excused from fast and abstinence.

Individual conscience should decide proper cause for excuse. A more serious reason

is required to excuse oneself from

Ash Wednesday and **Good Friday**

fast and abstinence.

LENT 2025

The Holy Season of Lent is an opportunity for all Christians to grow in faith through prayer, fasting and works of charity. St. Raymond Parish offers the following opportunities to assist you on your spiritual journey. Perhaps you can join us for some of these prayer gatherings during the coming weeks.

Hopefully, we may all grow in our personal and communal experiences of Jesus



during the holy time.



So, join us often and anytime.

We'd love to see you!



Additional Daily Mass

There will be an additional daily Mass at 12:15pm every week day throughout Lent.

Stations of the Cross

Will be prayed every Friday during Lent at 7:00pm in the church beginning March 7th.

Eucharistic Adoration

In the Church Thursdays from 1-4pm and the First Friday of every month from 7:30-8:30pm

Sacrament of Reconciliation

Confessions are heard every Saturday in the church from 3:30-4:30pm, or by appointment at the rectory

RELIGIOUS EDUCATION - FAITH FORMATION

Lucy Ostermann, Director



CONFESSION FOR GRADES 5 & 6

Students in grades 5 & 6 will go to confession the week of 3/24/2025 during class time. The students are to go directly to the church at 3:30pm and will be dismissed from the auditorium.

Students do not need to bring their books.

ATTENTION – 7TH & 8TH GRADE PARENTS/STUDENTS

This past year the 7th & 8th grade students made up Thanksgiving and Valentine cards for the residents of Lynbrook Restorative Therapy & Nursing facility. This past week we received a thank you card from one of the residents:

Thank you for your beautiful Valentine cards and wishes! You are doing God's work. We keep you in our hearts and prayers. We wish you a good school year.

Love, Pat & all the Residents

Our students truly are doing God's work and we are very proud of each and every one of them!

There will be a 7th & 8th grade level Mass next Sunday 3/30/2025. All students and a parent(s) are asked to come to the auditorium at 11am for a brief meeting. Then everyone will attend the 12Noon Mass.

Confirmation Service Hours (required 10) for 2025 are due no later than Thursday 4/10/2025.

STATIONS OF THE CROSS BY TEENS

Tuesday 3/25/2025 7:30pm in the Church. Students and parent(s) are to attend. Reflection paper is due the week of 3/31/2025.

This presentation of the Stations of the Cross goes through the Stations as seen through the eyes of a teen. In addition, Mary's thoughts are read as she watches her son on his journey to Calvary. It is a very moving and beautiful presentation. All parishioners are welcome to attend.

Rehearsal (Required) for Stations of the Cross by Teens – Monday 3/24/2025 7pm-8:30pm in the Church.

This is for students reading or carrying up a symbol for the Stations of the Cross presentation.

CONFIRMATION INTERVIEWS/GOWN MEASUREMENTS – 8th GRADE

Monday 3/31/2025 & Tuesday 4/1/2025 during class time. Kellenberg & St. Mary students please call the office with your child's height.





St. Raymond families wear green and brown to celebrate St. Patrick and St. Joseph





Mrs. Charles' Third grade class learned about the Holy Trinity

Ms. Sala and Ms. March's Third grade class Celebrate St. Patrick's Day



The children of St. Raymond generously filled the stage with donations for Parish Social Ministry!

STEP BY STEP WALK THROUGH THE MASS
DO THIS IN REMEMBRANCE OF ME
FATHER LUKE SPANNAGEL
NATIONAL EUCHARIST REVIVAL BLOG



USCCB
Guidelines for
Receiving Holy
Communion

Last time, we looked at the three requirements for receiving Communion: being a Catholic, in the state of grace, and observing a one-hour fast beforehand. To help people understand and to be clear, the United States Conference of Catholic Bishops put together a listing of guidelines that would cover anyone who might happen to be at Mass. Sometimes you will see these guidelines printed on programs of special Masses or often on (or inside) the cover of the Missalettes. Since we covered them a bit last time, hopefully the first two sections will sound familiar. For a closer look at the USCCB guidelines, they are listed here:

For Catholics

As Catholics, we fully participate in the celebration of the Eucharist when we receive Holy Communion. We are encouraged to receive Communion devoutly and frequently. In order to be properly disposed to receive Communion, participants should not be conscious of grave sin and normally should have fasted for one hour. A person who is conscious of grave sin is not to receive the Body and Blood of the Lord without prior sacramental confession except for a grave reason where there is no opportunity for confession. In this case, the person is to be mindful of the obligation to make an act of perfect contrition, including the intention of confessing as soon as possible ([Code of Canon Law] canon 916). A frequent reception of the Sacrament of Penance is encouraged for all.

For Our Fellow Christians

We welcome our fellow Christians to this celebration of the Eucharist as our brothers and sisters. We pray that our common baptism and the action of the Holy Spirit in this Eucharist will draw us closer to one

another and begin to dispel the sad divisions which separate us. We pray that these will lessen and finally disappear, in keeping with Christ's prayer for us "that they may all be one" (John 17:21). Because Catholics believe that the celebration of the Eucharist is a sign of the reality of the oneness of faith, life, and worship, members of those churches with whom we are not yet fully united are ordinarily not admitted to Holy Communion. Eucharistic sharing in exceptional circumstances by other Christians requires permission according to the directives of the diocesan bishop and the provisions of canon law (canon 844 § 4). Members of the Orthodox Churches, the Assyrian Church of the East, and the Polish National Catholic Church are urged to respect the discipline of their own churches. According to Roman Catholic discipline, the Code of Canon Law does not object to the reception of Communion by Christians of these Churches (canon 844 § 3).

For Those Not
Receiving Holy
Communion



All who are not receiving Holy Communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus and with one another.

For Non-Christians

We also welcome to this celebration those who do not share our faith in Jesus Christ. While we cannot admit them to Holy Communion, we ask them to offer their prayers for the peace and the unity of the human family.

For Reflection: Access an Examination of Conscience guide and make reflecting on your thoughts, words, and actions a nightly exercise to be properly disposed to receive Communion. Seek opportunities for the Sacrament of Penance and make it part of your regular routine.

Next Week: Spiritual Communion



St. Raymond Church Opportunities for a Holy Hour

Each Day, the Church is open for personal prayer until 5:00
Each Thursday - Eucharistic Exposition from 1-4:00 PM
Each First Friday - Nocturnal Adoration 7:30-8:30 PM

**Eucharistic Revival -The Year of Mission
July 21, 2024 - Pentecost (June 8th) 2025**

PILLAR 3 – EUCHARISTIC LIFE

**Come to Me: How to Make an Hour of Adoration
Part 4 - Jesus, Hold Me! Sister Kathryn J. Hermes,
Eucharistic Revival Blog**

***“Make my soul your cherished place, your
home of rest. Let me never leave you there
alone, but keep me there all absorbed in you,
in living faith, adoring you”***

St. Elizabeth of the Trinity: Prayer to the Holy Trinity
This week, we offer the third of the four “moments” to
prepare for Adoration:



**Jesus,
Hold Me!**

In the third moment of Eucharistic adoration, take time to rest in prayer. You could say the Rosary, the Way of the Cross, the Divine Mercy Chaplet. Or you could simply rest in Jesus’ presence, letting him love you, knowing that he is interested in every aspect of your life. Be there with Jesus. Listen. Receive. Bring to Jesus all the needs of the world and the intercessions close to your own heart. Let Jesus love the world through you.

Prayer of St. Padre Pio (excerpt)

Stay with me, Lord, for it is necessary to have You present so that I do not forget You. You know how easily I abandon You. Stay with me, Lord, because I am weak and I need Your strength, that I may not fall so often. Stay with me, Lord, for You are my life, and without You, I am without fervor. Stay with me, Lord, for You are my light, and without You, I am in darkness. Stay with me, Lord, to show me Your will. Stay with me, Lord, so that I hear Your voice and follow You.

“But God proves his love for us in that while we were still sinners Christ died for us.” Romans 5:8

The Third Sunday of Lent is the first of three “Scrutiny” Sundays for baptismal candidates. The focus this Sunday is on the mystery of sin and the power of Christ to heal and transform.

The Jubilee Year - Pilgrims of Hope December 24, 2024 - January 6, 2026

Hope in a Time of Division -Part 4

Living a spirit of hope during the Jubilee Year of Hope, especially in times when the Church seems to be experiencing division, can be challenging but also deeply enriching. Here are suggested action steps to consider with accompanying Bible verses to reflect on, can help embody the hope of unity the Jubilee Year of Hope.



**Participate
in
Acts of
Charity**

Charity is a tangible expression of hope. By serving others, especially the marginalized, we reflect Christ’s love and bring hope to those in need. As St. James writes, “If a brother or sister is poorly clothed and lacking in daily food, and one of you says to them, ‘Go in peace, be warmed and filled,’ without giving them the things needed for the body, what good is that?” (James 2:15-16). Acts of charity spread hope and help heal divisions in society.

Honor the Blessed Virgin Mary

Turning to the Blessed Virgin Mary, who is full of grace and hope, can help us navigate times of division. Mary, as the Mother of the Church, intercedes for us and guides us toward reconciliation. At the wedding at Cana, Mary told the servants, “Do whatever he tells you.” (John 2:5). Following her example of trust in Jesus strengthens our hope.



**ST. RAYMOND'S
HUMAN LIFE
COMMITTEE**

**ENTERING CANAAN
DAY OF PRAYER and HEALING**

**For those who are suffering from a
past abortion
Come Begin Your Healing Journey!
God's Mercy and Peace
Awaits You!**

**For Confidential Reservations for
Upcoming Women's and Men's
Retreat Dates please call:**

Joanne #516-647-5353

Rob - #516-353-5765

Sponsored by The Life Center of L. I.

**Please join with us each
Thursday at Adoration from
3:00 pm - 3:30 pm as we pray
The Chaplet of Divine Mercy and
the Rosary of Our Lady for the
intention of an end
to abortion and the return to the
respect, dignity and protection
of all God's children
from conception till natural death.**



*A Prayer For
Our Country*



O Most Blessed Virgin Mary, Mother of Mercy, at this most critical time, we entrust the United States of America to your loving care.

Most Holy Mother, we beg you to reclaim this Land for the glory of your Son. Overwhelmed With the burden of the sins of our nation, we cry to you from the depths of our hearts and seek refuge in you motherly protection.

Look down with mercy upon us and touch the hearts of our people. Open our minds to the great worth of human life and to the responsibilities that accompany human freedom.

Free us from the falsehoods that lead to the evil of abortion and threaten the sanctity of family life. Grant our country the wisdom to proclaim that God's law is the foundation on which this nation was founded, and that He alone is the True Source of our cherished rights to life, liberty and the pursuit of happiness.

O Merciful Mother, give us the courage to reject the culture of death and the strength to build a new Culture of Life. Amen.



**First Saturday
Novena
Our Lady of
Fatima
Rosary**

April 5, 2025

8:10am

**St. Raymond Church
Near the Blessed Mother Statue
Make Reparation for sins against
The Immaculate Heart of Mary**



Jubilee 2025
PILGRIMS OF HOPE

*Father in heaven,
may the faith you have given us in
your son, Jesus Christ, our brother,
and the flame of charity enkindled
in our hearts by the Holy Spirit,
reawaken in us the blessed hope
for the coming of your Kingdom.*

*May your grace transform us
into tireless cultivators of the seeds
of the Gospel. May those seeds
transform from within both
humanity and the whole cosmos
in the sure expectation of a new
heaven and a new earth, when, with
the powers of Evil vanquished,
your glory will shine eternally.*

*May the grace of the Jubilee
reawaken in us, Pilgrims of Hope,
a yearning for the treasures of
heaven. May that same grace
spread the joy and peace of our
Redeemer throughout the earth.
To you our God, eternally blessed,
be glory and praise for ever.*

Amen



Nocturnal Adoration

**The Nocturnal Adoration Society will meet
Friday, April 4th from 7:30-8:30pm in the
Church for its monthly hour of Adoration.
Nocturnal Adoration is fashioned after the
Liturgy of Hours, this time of prayer is a
blessed way to intensify our walk with Jesus.**

Come spend some time with Jesus!

St. Raymond's Parish Social Ministry

The Ryan House

"The Heart of the Parish"

12 Roosevelt Avenue, Lynbrook, NY 11563

516-887-9197



FOOD PANTRY HOURS OF OPERATION
MONDAY THRU WEDNESDAY FROM
10AM TO 3PM

(Suggested to call for an appointment)

"Whoever is kind to the poor lends to the Lord, and he will reward them for what they have done."

Proverbs 19:17

"GIVING - NOT GIVING UP"

The number of clients served by St. Raymond's Food Pantry is currently increasing and it is becoming difficult to keep the shelves stocked. Since it is the Lenten Season, Father Chuck has set aside three weekends when he will ask his parishioners to donate items at each of the Masses to assist the Parish Social Ministry in meeting the needs of the people they serve.

Here are the scheduled dates and items in need.

March 23rd SUPERMARKET GIFT CARDS - King Kullen, Stop & Shop, Lidl

March 30th BABY ITEMS Diapers - Sizes 1 through 6, Baby Wipes, Baby Shampoo

The Parish Social Ministry would like to thank all those who donated toiletries this past weekend for the Lenten practice - "Giving - Not Giving Up". Your generosity will help the food pantry stock their shelves for their clients.

Pantry items still needed: Pasta and Rice Side Dishes, Pasta Sauce, Canned Tomatoes, Instant Mashed Potatoes, Canned Fruits, Peanut Butter, Grape Jelly, Canned Meat, Cold Cereal, Ketchup, Mustard & Mayo

Food donations can be brought to the Ryan House during its open hours or non-perishable food can be left in the bin on the Ryan House porch or in the Altar Server's Sacristy.

Thank you for your continued support and generosity. You are always in our prayers!



Hospitality helps bring others to the Lord.

How are you hospitable to your neighbors, co-workers, pupils, etc.?

CYO SPOTLIGHT





The Sodality of Our Lady

invites women of faith to our
7th Annual Women's Day Retreat
Saturday, April 5, 2025

We will begin at the 8:45 mass then proceed to the school cafeteria for coffee. The presentation begins at 10:00 and concludes at 3:00 with a break for lunch at noon.

A Lenten Renewal

Presented by Sr. Marie Mackey, CSJ

Suggested Program Fee: \$35 (includes lunch)

Registration Closes: Monday, March 31st

Maximum attendees - 60

Checks made payable to: **Sodality of Our Lady**

****Please remit payment along with registration form to:

Sodality of Our Lady, St. Raymond Church
263 Atlantic Ave, East Rockaway, NY 11518

Name: _____

Address: _____

Telephone #: _____

Email: _____

Dietary Restrictions: _____

If you have questions, please contact Frances Corio or Mary Thorpe through the rectory: 516-593-5000



*"St. Joseph,
help us to trust
in God's plan."*

*St. Teresa
of Avila*

Pastoral Council Members

**Peter Chojnacki, Linda Daley,
Julianne Grennen, Kimberly Moran,
Mary Murphy, Dave Ohlsen,
Linda Ohlsen, Secretary,
Stephen Rochford, Chairperson,
Fr. Chuck Romano,
Monica Tobin, Vice Chairperson**



**Ocean Financial
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St. Raymond!**

We have received our quarterly revenue sharing check from the Ocean Financial Federal Credit Union Parish revenue Sharing Program. Since its inception, our parish has received a total of \$20,986! The amount we receive each quarter is determined by the number of our parishioner who are members of the credit union and their usage of the Ocean Financial Federal Credit Union VISA credit and/or debit card. Therefore, I want to especially thank each of you—your credit card usage benefits our parish and that's great! For those of you who are not yet members, I encourage you to consider joining. Visit their branch at 45 Atlantic Ave. in Oceanside, or for information call 516-620-8100

visit their website at: www.oceanfinancial.org.

**St. Raymond's
Bereavement Ministry**

We are offering
a Program for
those grieving
the death of a
loved one.



**Six Sessions beginning
Thursday April 24, 2025
at 7:30 PM
in St. Raymond's
School Cafeteria**



**Register: Call the Rectory
at 516-593-5000
or fill out the form below and
send to the Rectory**

Your Name:

Address:

Best Tel. #:

Relationship to the Deceased:

TRULY PRESENT



*Most Sacred Heart of Jesus
Truly present
in the Holy Eucharist
I place My Trust in You.*



**Jubilee Year
Pilgrimage to the
Shrines of Italy**



August 18—26, 2025

**\$4,999 per person from New York (JFK) All prices
based on double occupancy.**

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Registration link: <https://www.206tours.com/cms/fronyegu/>

**Spiritual Director:
Fr. Lawrence Onyegu**



**Join us from August 18-26,
2025, on another nine day
pilgrimage to Italy. The
pilgrimage will include
passage through the holy
doors, visits to significant
religious sites, spiritual
activities, and opportunities
for personal reflection.**

**For more information contact
Blessed Sacrament Church, Valley Stream
(516) 568-1027**



SOCIETY OF ST. VINCENT DE PAUL

FOUNDED IN 1833, THE SOCIETY OF ST. VINCENT DE PAUL IS A WORLDWIDE ORGANIZATION OF LAY CATHOLICS, FOLLOWING CHRIST'S CALL TO SERVE THE POOR, THE SUFFERING, AND THE DEPRIVED. OUR FOUNDING ACTIVITY, STILL PRACTICED TODAY, IS THE HOME VISIT. THROUGH THESE VISITS, VINCENTIAN MEMBERS ESTABLISH PERSONAL RELATIONSHIPS WITH OUR NEIGHBORS IN NEED. WHERE RESOURCES ALLOW WE CAN PROVIDE ASSISTANCE TO OUR NEIGHBORS IN NEED AND OR LEAD THEM TO OTHER RESOURCES WHERE THEY MAY BE ABLE TO OBTAIN THE HELP THEY REQUIRE.

ST. RAYMOND PARISH

HAS HAD AN ACTIVE CHAPTER (KNOWN AS A "CONFERENCE") OF THE SOCIETY OF ST. VINCENT DE PAUL FOR DECADES AND INVITES ALL WHO WISH TO HELP NEIGHBORS IN NEED.

PLEASE CALL ED AT 887-9325

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Gives Back!

For each donated car, truck or van, running or not, the Associated Vincentian Charities will give back to our parish \$75-\$200 per vehicle.

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For details: svdpauto-brooklynqueens.org



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Offer the precious gift of your time, presence and sympathy to those who have lost a loved one.

Work one week a month with a team to assist families in preparing and celebrating the Funeral Mass for recently deceased loved ones.

If Interested Call Doreen Dolan 516-593-5000

St. Raymond's Choir



Can you sing?

**Come be part of the
St. Raymond's Choir family!
Practice Wednesday Evenings
7:30-9:00pm in the Church
Mass with the Choir is
@10:30am on Sunday**



Do you like to sing?
Do you play piano, flute or guitar?
Check out...

St. Raymond Folk Group! We are back...



We rehearse Sundays at 11:00am

in the Rectory Lower Level

and sing at the 12 Noon

Sunday Mass

If interested please
call Ann Marie Lynch at

516-599-6836

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are Welcome!



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Spring Open House
Sunday, April 6, 2025
1:00pm-Campus Tours
Begin at 12pm**

Register at:



<https://www.molloy.edu/openhouse25>

FORMED

This week on **FORMED...**



Fearless: A Lenten Video Series

Fearless is video series will accompany you on your Lenten journey. Time and again, the people of God are called to 'be courageous' and 'be not afraid.' Yet, we live in a time where fear seems to guide our very existence. Don't miss this exciting series with a special guest each week as we seek to follow Jesus into the wilderness this Lent.



**GO TO THE ST. RAYMOND
WEBSITE FOLLOW THE
FORMED**

LINK TO REGISTER... IT'S FREE!

MASSES FOR THIS WEEK

Monday, March 24th

7:15am Kathleen Healy
8:45am Patricia Rochford
12:15pm Vito Congro

Tuesday, March 25th

The Annunciation of the Lord

7:15am Cornelius Duggan
8:45am Carol Hoeffner (L)
12:15pm Patricia Rochford

Wednesday, March 26th

7:15am Lorraine Edgar
8:45am Vincent & Geraldine Malone
12:15pm Jimmy Sullivan

Thursday, March 27th

7:15am Eileen Caffrey
8:45am Joan DelGiorno
12:15pm Violet McHale

Friday, March 28th

7:15am Rose Thies
8:45am Marie Dempsey
12:15pm John Stender

Saturday, March 29th

8:45am Bob Duffy, Mary Esposito
5:00pm Louise Coscia

Sunday, March 30th

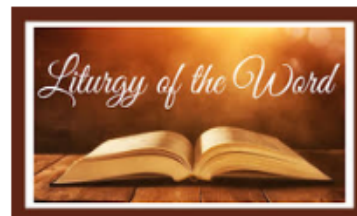
7:30am Frances Carrano
9:00am Peter Portanova
10:30am Kristina Dillard
12:00pm June Keegan, Adele Bates,
Joan D'Andrea, Jennifer Villacci
Brian Flood, Nancy Loesel
4:30pm St. Raymond Parish



REST IN PEACE

Donald Ross
Andrew Gottlieb

*May the souls of the faithful departed,
through the mercy of God,
rest in peace. Amen*



Scripture Readings for the Week

Monday

2 Kings 5:1-15ab/Luke 4:24-30

Tuesday

Isaiah 7:10-14; 8:10/Luke 1:26-38

Wednesday

Deuteronomy 4:1, 5-9/Matthew 5:17-19

Thursday

Jeremiah 7:23-28/Luke 11:14-23

Friday

Hosea 14:2-10/Mark 12:28-34

Saturday

Hosea 6:1-6/Luke 18:9-14

Sunday

Joshua 5:9a, 10-12/2 Corinthians 5:17-21/
Luke 15:1-3, 11-32

Parish Bulletin Board



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STRUGGLING WITH ALCOHOL
OR SUBSTANCE USE?**

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30-C CARLOUGH ROAD BOHEMIA, NY 11716
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WWW.CATHOLICCHARITIES.CC**

Communal Prayer Before Mass

Father in heaven, we wish to prepare well for participation in this Mass, in which we enter the Last Supper, Passion, Death and Resurrection of your Son, Jesus Christ. He is as present to us today in his Word and in the Eucharist, as he was with his apostles. Holy Spirit please quiet our minds from the busyness and distractions of our day, so that we will have hearts and minds attentive to the words of Jesus and ready to receive his Body and Blood in Holy Communion. Blessed Mother, take our hearts and give us yours, that like you, we may ponder Jesus' words and do whatever he tells us to do. We make this prayer through Christ our Lord, Amen.

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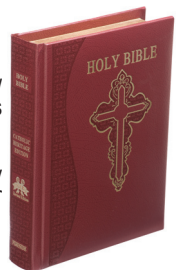
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